

HTV PLACEMENT & SIZING GUIDE



Who Am I?

I'm Teresa, the maker at Simply Made Fun and a HUGE fan of custom-made shirts. Half of my toddler's wardrobe has been made by me and my husband and I have a separate drawer that's overflowing with custom shirts.

I want to show you how to make your own professional looking shirts with easy tips and downloadable guides for easy access while you craft!



hey there, friend!

WHAT'S INSIDE?

TOOLS YOU NEED: 2

SIZING GUIDE: 3

PERFECT PLACEMENT: 4

THE TOOLS YOU NEED

Each of these tools will help you be more efficient when making your shirts. I use all of these for my crafts and can't recommend them enough!

- [Silhouette Cameo \(purchase here!\)](#)
- [Cricut EasyPress \(purchase here!\)](#)
- [Heat Transfer Vinyl \(purchase here!\)](#)
- [Weeding Tools \(purchase here!\)](#)
- Teflon Sheet



Heat Press vs EasyPress vs Iron

Each tool has pros and cons, but these are what you need to be able to press your design on to your shirt. Let's get into the specifics about each one below!

IRON: The only benefit to an iron is that you probably already have one in your home. But, because they are small you'll have to press big designs multiple times until you've pressed the whole thing on your shirt. And because of this, the pressure may be uneven which can cause issues with lifting when you wash your shirt.

EASY PRESS: Depending on the size you get you'll never have issues with pressure! They're also small so they're easy to store. But, they're expensive and for the price of a bigger one you could get a (larger) heat press.

HEAT PRESS: No uneven pressure problems and they're typically 15x15 so you can press your entire design in one go. BUT they're large and take up a ton of room. If you're limited on space a heat press may not be the way to go.

THE PERFECT SIZING GUIDE

Here's the problem with sizing your shirts:

There are a ton of different sizes out there and you can't possibly keep all of them straight.

That's where this sizing guide comes in handy. Print this out and put it somewhere in your craft room or office for easy access! ([download and print here!](#))

heat transfer vinyl SIZING GUIDE

MEN



11x14

WOMEN



10x12

HOODIE



12X16

KIDS



7x7

ONESIES



4.5x4.5

THE EASY PLACEMENT GUIDE

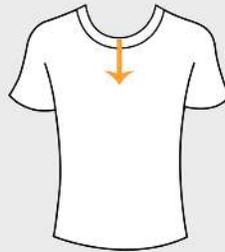
You've designed the PERFECT shirt but you aren't sure where the design should go. You don't want to put it too low or too high. Getting it right the first time means you're one step closer to professional-looking shirts! ([download and print here!](#))

heat transfer vinyl PLACEMENT GUIDE

MEN



WOMEN



Designs on scoop necked shirts start **3 inches down** from the collar.

I'll admit though, I'm petite and don't like how far down 3 inches is for me. I typically do **around 2 inches**.

POLOS



Designs on Polo shirts start **9 inches down** from the top of the shoulder.

V-NECK



Designs on V-neck shirts start **2 inches down** from the collar.

KIDS



Designs on kids shirts start **2 inches down** from the collar.

ONESIES



Designs on onesies start **2 inches down** from the top of the shoulder.

NOW THAT YOU'VE GOT THE BASICS....

It's time to start making!

I am a huge hoarder of heat transfer vinyl and I love using it on shirts! [You can check out all the cool designs I've done here.](#)

I also wrote out a whole post on heat transfer vinyl and how to use it! [You can check out THAT post and all the other tips to get the most professional look to your shirts here!](#)

